

# GENERAL PUBLIC QUARANTINE GUIDANCE



## FOR PERSONS WITH KNOWN EXPOSURE TO COVID-19 AND DO NOT MEET THE VACCINATION CRITERIA BELOW:

- ▶ Follow quarantine criteria:
  - Stay home for 5 days
  - Continue to wear a mask around others for 5 more days
  - Test on day 5, if possible
  - If unable to wear a mask (including all children under 2 years of age), individual should quarantine for 10 days
- ▶ If you develop **symptoms at any time during quarantine**, stay home and seek testing.
- ▶ **If someone in your household is COVID-19 positive** and they cannot completely isolate from you within the home, **your quarantine will start after** the person with COVID-19 has completed their isolation period.
- ▶ This general public quarantine guidance may NOT apply to certain organizations. Review your employer, school, and or childcare guidelines.



[Find a COVID-19 Testing Site](#)



[Calculate Your Quarantine Period](#)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DATE OF LAST CONTACT <b>DAY 0</b>	QUARANTINE STARTS <b>DAY 1</b>				GET TESTED if possible <b>DAY 5</b>	QUARANTINE ENDS <b>DAY 6</b>
				MASKING ENDS <b>DAY 11</b>		

## VACCINATION CRITERIA

- ▶ Those who remain asymptomatic and meet the criteria below are NOT required to quarantine after a COVID-19 exposure:
  - You are ages 18 or older and received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people
  - **OR** you are ages 5-17 years and completed the primary series of COVID-19 vaccines
  - **OR** you had confirmed COVID-19 within the last 90 days (you tested positive using a viral test)
- ▶ For individuals who meet the above vaccination criteria, it is recommended that you:
  - Get **tested on day 5** after your exposure, if possible
  - **Wear a mask** around others for **10 days**
  - If you develop symptoms at any time during this period, stay home and seek testing